



niques that will make you a more confident paddler. This class can also be set-up for sea or touring kayakers who wish to learn boat-based deep-water rescues. An open-rolling session will also be available during the second class for those that have rolls that wish to practice rolls or rescues (10\$). All equipment provided. **Prerequisites:** None. **Trip length:** two 2 hour sessions. **Meeting time:** 6 pm (call to confirm). **Dates:** TBD. **Cost:** \$50 and \$10 (open rolling session).

Private or Group Classes or Tours

If you have a group of 4 and the dates above don't work, give us a call. Please call to set up private or group lessons or tours or add additional class dates. Other classes available including Angel Island Overnight, Ahjumawi Weekend, Point Reyes Weekend, Gold Lakes Weekend, Sacramento River Overnight, and any of the classes listed.

Registration Information

Space is limited, sign-up early. Pre-registration and payment required for all classes (please see webpage for details). Cost **includes** boat and boating equipment. We provide a splash jacket and can provide a list of items to recommended items to bring. Classes based on ACA course content. All participants must read and sign a Waiver and Release of Liability. Weather and other condition may modify class location and content. Students will be offered class credit for cancelled classes.

Class	Price	Class Length	March	April	May	June	July	Aug	Sept	Oct
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Schedule subject to change, please contact us for the latest dates.

Touring/Sea Kayak Instruction

Beginning Touring	\$70	1 day	TBD	4	17	6		1		
Intermediate Touring	\$70	1 day		5		7	12		13	
Strokes and Rescue Clinic	\$35	3 hrs			16	5	TBD			

Tours and Sea School

Moonlit Paddle	\$30	3-4 hrs		4		6		1		
Sacramento River Tour	\$50	1 day			31	27	10	2	12	
Point Reyes Tour	\$150	2 days	TBD				18-19		19-20	
Mendocino Coast Weekend	\$170	2 days				13-14				10-11

Whitewater

River Kayak 1	\$140	2 days		18-19	2-3	20-21				
River Kayak 2	\$150	2 days				TBD	TBD	TBD		
River Kayak 3	\$80	1 day				TBD	TBD	TBD		
Whitewater Immersion	\$250	4 days					2,3,4,5			
Whitewater Tour	\$90	1 day	TBD		30		11	15,16		
Klamath Whitewater Tour (3	\$220	3 days						14-16		

Other Options

Weekday Tour (\$40), Gold Lakes Weekends (\$140), Angel Island Overnight (\$150), Sea Kayak School (\$300), and Pool Session (\$40).

Personalized group or individual lessons or tours available—call for pricing



2009

Whitewater and Sea Kayak Instruction and Tours!



We offer a variety of classes and tours for beginners and experienced paddlers from tranquil flat water to thrilling white-water rapids.

**Web: KayakINC.org
 Email: Info@kayakinc.org
 Phone: (530) 519-6301**

Call (530) 519-6301 or visit Kayakinc.org to get the latest schedule or to register!



Touring/Sea Kayak Instruction

Beginning Touring

The perfect kayaking introduction. We will guide you through the skills and safety that you will need to become a proficient kayaker. Class

includes an introduction to the kayak, launching, and an overview of basic strokes. Combine this class with the Intermediate Touring class for a complete weekend! **Prerequisites:** None. **Trip length:** 1 day. **Meeting time:** 8:30 am. **Dates:** 4/5, 5/17, 6/6, 8/1, TBD. **Cost:** \$70.

Intermediate Touring

We build on Beginning Touring skills and introduce more advanced techniques, such as bracing, edging, and especially rescues. This course is a prerequisite for more advanced tours, and builds your confidence to take on new challenges. **Prerequisites:** Beginner Touring class or previous paddling experience. **Trip length:** 1 day. **Meeting time:** 8:30 am. **Dates:** 4/5, 6/7, 7/12, 9/13. **Cost:** \$70.

Open Water Rescue Clinic

The purpose of this clinic will be to teach the basic touring kayaking rescue skills to gain confidence and maximize your paddling experience. **Prerequisites:** Past paddling experience. **Trip length:** 3 hours. **Meeting time:** 8:00 am. **Dates:** 5/16, TBD. **Cost:** \$35.

Tours and Sea School

Moonlit Paddle

American Canoe Association (ACA) Certified Instructor for Whitewater Kayak and Sea Kayak (Open Coastal) (ACA # 060427)



Lead Instructor Dan Efsaef

An American Canoe Association certified instructor, Dan has taught kayaking since 1990. He has led white-water and sea kayaking trips in California, Oregon, Washington, Costa Rica, British Columbia, and Baja California. He has taught hundreds of students good skills in a fun, safe, environment.

During the moonlit paddle, we will enjoy the magical mix of paddling, watching the sun set, and the moonrise on local flat water. Paddling on moonlit water is truly unforgettable experience! **Prerequisites:** None required. **Trip length:** 3-4 hours. **Meeting time:** 6:00 pm (on site) **Dates:** 4/4, 6/6, 8/1. **Cost:** \$35.

Sacramento River EcoTours

Join Dan, a restoration ecologist, and paddle, explore, and learn about the rich natural history of this ecological hotspot. We'll stop to explore restoration sites and riparian forests, view wildlife, and learn about natural history. **Prerequisites:** Previous paddling experience. **Trip length:** 1 day. **Meeting time:** 8:30 am (North Rim). **Dates:** 5/31, 6/27, 7/10, 8/2, 9/12. **Cost:** \$50.

Point Reyes Area Weekend

Enjoy a spectacular weekend of coastal paddling. Glide through oyster beds and kelp beds while looking for harbor seals, bat rays, white pelicans, and even tule elk. Drakes Estero or Tomales Bay offer beginner and experienced sea kayakers scenery and wildlife. A variety of hostels and campgrounds are available in the area. **Prerequisites:** Previous paddling experience suggested. **Trip length:** 2 days. **Meeting time:** 9:00 am (Nick's Cove). **Date:** 7/18-7/19, 9/19-9/20. **Cost:** \$150.

Mendocino Coast

Come find out why the Mendocino Coast is a world class paddling destination. We will spend 2 days exploring sea stacks, tidal rivers, coves, and caves. Where we paddle depends on conditions and group experience. Trip costs cover camping fees and boats. **Prerequisites:** Intermediate touring class or equivalent. **Trip length:** 2 days. **Meeting time:** 8:30 am (at the coast!) **Dates:** 6/13-6/14, 10/10-10/11. **Cost:** \$170.

Whitewater Classes

River Kayak (RK1, RK 2, and RK 3)

Get started on the right path to becoming a whitewater kayaker. In River Kayak 1 (RK1), we will cover basic strokes and concepts (equipment, skills, and safety). In RK2, we review these skills and apply them to moving water and learn some tricks on reading whitewater. In RK3, we will put it all together for a river trip and focus on the skills and judgment needed for Class III and beyond. **Prerequisites:** None (RK1), prior class (RK2 and RK3). **Trip length:** 2 days (RK1 and RK2), 1 day (RK3). **Meeting time:** 8:30 am (at North Rim). **Dates:** RK1: 4/18-4/19, 5/2-5/3, 6/20-6/21. RK2: TBD.

RK3: TBD. **Cost:** \$140 (RK1) \$150(RK2), and \$80 (RK3).

Whitewater Immersion (Trinity River)

You'll be amazed at the progress you can make in four days. This class will take you from beginner to reading and running fun whitewater, and follows the curriculum in the RK series. **Prerequisites:** None. **Trip length:** 4 days. **Meeting time:** 8:30 am. **Dates:** 7/2-7/5. **Cost:** \$250.

Klamath River Tour

Join us on the warm water and forgiving rapids on the Klamath River (see class description for the Whitewater Tour). **Prerequisites:** Previous paddling experience. **Trip length:** 3 days. **Meeting time:** 9:00 am (Klamath). **Dates:** TBD. **Cost:** \$220.



Whitewater Tour

This class is designed for the whitewater paddler looking for a little more challenge on a river trip. We will see if we can tune up your technique and playing, but the focus is on running Class 2-3 whitewater. The location of the class (Feather, Trinity, and American River, and Butte and Cache Creek) depends on participant's skill level and water flows. **Prerequisites:** Previous paddling experience. **Trip length:** 1 day. **Meeting time:** 8:00 am. **Dates:** 5/30, 7/11, 8/15, 8/16. **Cost:** \$90.

Pool Session

The Eskimo Roll is an important self rescue technique. Paddlers that have a roll gain confidence and a willingness to try things and let's them progress fast. We will build the skills needed for the Eskimo roll in this two session class. Not everyone can get a combat roll right off the bat, but this class will also cover the other self rescue tech-